



MARCH

2021



m
Cinnamon Pull A-Parts, Cheese Stick, Fruit, Fruit Juice, Milk**BBQ on Bun, Cole Slaw, Celery, Apple Slices, Cookie Milk Variety 1.

t
Cereal Bar, Yogurt, Fruit, Fruit Juice, Milk**Country Fried Steak, Mashed Potatoes, Green Beans, Roll, Fruit Cup, Milk Variety 2.

w
Waffle, Cheese Stick, Fruit, Fruit Juice, Milk** Meat & Cheese Chalupas, Salsa, Cucumbers, Refried Beans, Apple Sauce, Milk Variety 3.

th
Muffin, Yogurt, Fruit, Fruit Juice, Milk** Hamburger, Broccoli, Sweet Potato Fries, Mixed Fruit, Milk Variety 4.

f
Mini-Pancakes, Yogurt, Fruit, Fruit Juice, Milk**Pizza Sticks, Garden Salad, Carrots, Grapes, Cookies, Milk Variety 5.

8.
Stuffed Bagel, Fruit, Fruit Juice, Milk**Boneless Chicken Wings, Celery Sticks, Baby Carrots, Peaches, Pudding, Milk Variety 8.

9.
Waffles, Yogurt, Fruit, Fruit Juice, Milk**Steak Fingers, Gravy, Roll, Oven Fries, Tomato Cup, Apple Slices, Milk Variety 9.

10.
Sausage *n* Biscuit, Fruit, Fruit Juice, Milk** Popcorn Chicken, Roll, Vegetable Medley, Steak Fries, Pears, Cookie, Milk Variety 10.

11.
Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** Chicken Quesadillas, Seasoned Corn, Charro Beans, Salsa, Oranges, Milk Variety 11.

12.
Breakfast Bread, Yogurt, Fruit, Fruit Juice, Milk**French Bread Pizza, Marinara Sauce, Garden Salad, California Blend Veggies, Fruit Cup, Milk Variety 12.

SPRING BREAK!

22.
Breakfast Burrito, Fruit, Fruit Juice, Milk**Corn Dog, Tomato Cup, Tater Tots, Fruit Cup, Milk Variety 22.

23.
Mini-Pancakes, Yogurt, Fruit, Fruit Juice, Milk**Nacho Grande, Salsa, Refried Beans, Cucumbers, Apricots, Ice Cream, Milk Variety 23.

24.
Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** Asian Bowl, Egg Roll, Crunchy Broccoli Salad, Mandarin Oranges, Milk Variety 24.

25.
Breakfast Strudel, Cheese Stick, Fruit, Fruit Juice, Milk** Crispy Chicken Sandwich, Fresh Veggie Cup, Grapes, Milk Variety 25.

26.
French Toast Sticks, Yogurt, Fruit, Fruit Juice, Milk**Pizza Choice, Baby Carrots, Garden Salad, Pineapple Tidbits, Cookie, Milk Variety 26.

29.
Cinnamon Pull A-Parts, Cheese Stick, Fruit, Fruit Juice, Milk**Xtreme Burrito, Seasoned Corn, Tomato Cup, Grapes, Milk Variety 29.

30.
Pancake Wrap, Yogurt, Fruit, Fruit Juice, Milk**Breaded Pork Chop, Roasted Potatoes, Green Beans, Roll, Apple Slices, Milk Variety 30.

31.
Sun Butter & Jelly Sandwich, Fruit, Fruit Juice, Milk**Tex-Mex Stack, Beans, Baby Carrots, Salsa, Mixed Fruit, Milk Variety 31.

Special Announcements:
ADDITIONAL FRUIT CHOICES ARE AVAILABLE FOR HIGH SCHOOL AT LUNCH



- School Breakfast Week Mar. 8-12



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12
 10 15 11 5 19 , 1 18 5 20 8 5 25
 3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



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