

2023 SANDS

CROSS COUNTRY SCHEDULE

All Meets, Dates, and Times are subject to change.

DATE	PLACE	Race Start Time	Leave Sands at:	Divisions
August 26th	Midland (Hogan Park)	10:00am – HS Boys, Div. 2 10:30am – HS Girls, Div. 2 11:00am – JH Boys 11:30am – JH Girls	7:30am	JH, HS
September 9th	Ozona (Ozona Country Club)	8:00am – Kids 1K Run 8:30 – VB 9:00 – VG 9:30 – JVB 10:00 – JVG 10:30 – JHG 11:00 – JHB	5:10am	JH, JV, V
September 16th	LCU (Chaparral Golf Course – South of LCU)	8:15 – JHG 8:45 – JHB 9:15 – VG 9:45 – VB 10:15 – JVG & JVB 10:45 – Elementary Mile	5:30am	JH, JV, V
September 23rd	Lubbock (Mae Simmons Park, MLK Blvd & 24 th St.)	Probably 2pm - TBA	11:30am	V
September 30th	Seminole (Gaines County Park – next to the golf course.)	8:00 – VG 8:30 – VB 9:00 – JVG 9:30 – JVB 10:00 – JHG 10:30 – JHB	5:40am	JH, JV, V
October 10th <i>DISTRICT Meet</i>	Lubbock (Chaparral Golf Course – South of LCU.)	TBA	TBA	JH, JV, V
October 24th <i>REGIONAL Meet</i>	Lubbock (Mae Simmons Park, MLK Blvd & 24 th St.)	TBA	TBA	V ONLY
November 4th <i>STATE Meet</i>	Round Rock (Old Settler's Park)	TBA	TBA	V ONLY

Updated 7/31/23