

# SANDS CIST

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

# AUG

**MENU 2023**

**DINOSAUR VALLEY STATE PARK**



**ANNOUNCEMENTS:**

First Day of School  
August 14,  
2023

Welcome  
**BACK TO SCHOOL**



14<sup>TH</sup>  
Breakfast Bread, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

Corn Dog, Fries, Tomato Cup,  
Fruit Cup, Milk Variety

15<sup>TH</sup>  
Pancake Wrap, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

Asian Bowl, Egg Roll, Fresh  
Broccoli, Seasoned Corn,  
Mandarin Oranges, Milk Variety

16<sup>TH</sup>  
Waffles, Yogurt, Fruit, Fruit  
Juice, Milk\*\*

Quesadilla, Salsa, Charro Beans,  
Sliced Cucumbers, Apricots, Ice  
Cream, Milk Variety

17<sup>TH</sup>  
Breakfast Strudel, Cheese  
Stick, Fruit, Fruit Juice, Milk\*\*

Crispy Chicken Sandwich,  
Fresh Veggie Cup, Garden  
Salad, Apple Slices, Milk  
Variety

18<sup>TH</sup>  
Stuffed Bagel, Fruit, Fruit Juice,  
Milk\*\*

Pizza, Baby Carrots, Green Beans,  
Orange Smiles, Cookie, Milk  
Variety

21<sup>ST</sup>  
French Toast, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

Hot Dog, Tater Tots, Tomato  
Cup, Grapes, Cookie, Milk  
Variety

22<sup>ND</sup>  
Sausage Biscuit, Fruit, Fruit  
Juice, Milk\*\*

Chicken Alfredo, Bread Stick,  
Garden Salad, Green Beans,  
Diced Peaches, Milk Variety

23<sup>RD</sup>  
Breakfast, Burrito, Fruit, Fruit  
Juice, Milk\*\*

Country Fried Steak, Peppered  
Gravy, Okra, Roll, Strawberries,  
Milk Variety

24<sup>TH</sup>  
Mini Pancakes, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

Tex-Mex Choice, Seasoned  
Corn, Crunchy Broccoli Salad,  
Apples, Milk Variety

25<sup>TH</sup>  
Sausage Kolache, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

Grilled Cheese, Baked Beans,  
Baby Carrots, Chilled Pineapples,  
Sherbet, Milk Variety

28<sup>TH</sup>  
Honey Bun, Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

Burrito, Seasoned Corn, Garden  
Salad, Apple Slices, Cookie,  
Milk Variety

29<sup>TH</sup>  
Muffin, Yogurt, Fruit, Fruit Juice,  
Milk\*\*

BBQ Sandwich, Fresh Veggie  
Cup, Oven Fries, Fruit Cup, Milk  
Variety

30<sup>TH</sup>  
Waffles, Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

Chicken Nuggets, Mac &  
Cheese, Sliced Carrots, Squash,  
Grapes, Milk Variety

31<sup>ST</sup>  
Pancake Wrap, Yogurt, Fruit,  
Fruit Juice, Milk\*\*

Burger Choice, Chili Beans,  
Seasoned Corn, Diced Pears,  
Pudding, Milk



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
National School Lunch Program



Updated 8/1/2023  
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