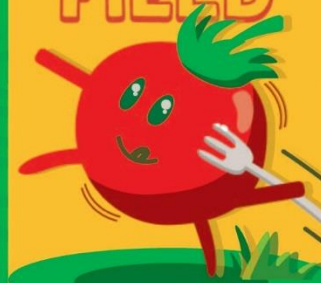


FEB

2023

GEAR UP FOR
TRACK & FIELD



ANNOUNCEMENTS:



Contest Begins!

School Holiday
2/20/2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Pizza, Fruit, Fruit Juice, Milk** **6**

Corn Dog, Oven Fries, Tomato Cup, Grapes, Cookie, Milk Variety

French Toast, Sausage, Fruit, Fruit Juice, Milk** **7**

Crispy Chicken Sandwich, Fresh Veggie Cup, Garden Salad, Diced Peaches, Milk Variety

Donut, Sausage, OR Parfait, Fruit, Fruit Juice, Milk** **1**

Boneless Chicken Wings, Chips, Celery Sticks, Baby Carrots, Mixed Fruit, Sherbet, Milk Variety **14**

Pancakes, Sausage, Fruit, Fruit Juice, Milk** **2**

Steak Fingers, Roll, Peppered Gravy, Savory Green Beans, Seasoned Corn, Apple Slices, Milk Variety

Breakfast Combo, Fruit, Fruit Juice, Milk** **3**

Cheesy Breadsticks, Fresh Broccoli, Marinara Sauce, Orange Smiles, Milk Variety

Chicken*n*Biscuit, Fruit, Fruit Juice, Milk** **13**

Burger Choice, Tater Tots, Garden Salad, Apple Slices, Rice Krispie, Milk Variety

Donut, Sausage, Fruit, Fruit Juice, Milk** **14**

Tex-Mex Stack, Refried Beans, Salsa, Tomato Cup, Grapes, Milk Variety

Sausage & Biscuit, OR Parfait, Fruit, Fruit Juice, Milk** **8**

Asian Bowl, Egg Roll, Fresh Broccoli, Seasoned Corn, Mandarin Oranges, Milk Variety

Pancake Wrap, Yogurt, Fruit, Fruit Juice, Milk** **9**

Pizza Choice, Baby Carrots, California Blend Vegetables, Fruity Gelatin, Milk Variety

Honey Bun, Sausage, Fruit, Fruit Juice, Milk** **10**

Quesadilla, Salsa, Charro Beans, Sliced Cucumbers, Rosey Applesauce, Milk Variety

Breakfast Pizza, Fruit, Fruit Juice, Milk** **21**

Asian Bowl, Egg Roll, Baby Carrots, Sliced Cucumbers, Grapes, Milk Variety

Donut, Sausage, Fruit, Fruit Juice, Milk** **14**

Tex-Mex Stack, Refried Beans, Salsa, Tomato Cup, Grapes, Milk Variety

Breakfast Pizza, OR Parfait, Fruit, Fruit Juice, Milk** **15**

Hot Dog, Oven Fries, Baby Carrots, Rosey Applesauce, Milk Variety

Early Bird Sandwich, Fruit, Fruit Juice, Milk** **16**

Popcorn Chicken, Roll, Seasoned Corn, Crunchy Broccoli Salad, Mixed Fruit, Milk Variety

Breakfast Combo, Fruit, Fruit Juice, Milk** **17**

Pizza Choice, Garden Salad, California Blend Vegetables, Diced Peaches, Ice Cream, Milk Variety

Stuffed Bagel, Fruit, Fruit Juice, Milk** **27**

Breaded Drumstick, Biscuit, Garden Salad, Sweet Potato Fries, Diced Peaches, Milk Variety

Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** **28**

Frito Pie, Pinto Beans, Fresh Veggie Cup, Chilled Pineapple, Cookie, Milk Variety

Mini Pancakes, Yogurt, OR Parfait, Fruit, Fruit Juice, Milk** **22**

Meat & Cheese Chalupas, Refried Beans, Seasoned Corn, Salsa, Orange Smiles, Pudding, Milk Variety

Muffin, Yogurt, Fruit, Fruit Juice, Milk** **23**

Ham & Cheese Melt, Fresh Veggie Cup, Green Peas, Rosey Apple Sauce, Milk Variety

Honey Bun, Cheese Stick, Fruit, Fruit Juice, Milk** **24**

Breaded Mozzarella Sticks, Marinara Sauce, Tomato Cup, Garden Salad, Apple Slices, Milk Variety

happy Valentine's day



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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