

# JANUARY 2026

SANDS CISD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

**TEACHER WORKDAY**

**5** Mini -Pancakes, Yogurt,  
Fruit, Fruit Juice, Milk\*\*

Hot Dog, Tater Tots,  
Tomato Cup, Diced Peaches,  
Milk Variety

**6** Sausage Kolache,  
Cheese Stick, Fruit,  
Fruit Juice, Milk\*\*

Chicken Fajitas, Spanish Rice,  
Charo Beans, Baby Carrots,  
Salsa, Applesauce, Milk Variety

**7** Breakfast Burrito, or Parfait  
Fruit, Fruit Juice, Milk\*\*

Popcorn Chicken,  
Corn, Green Beans,  
Mac & Cheese, Mixed Fruit,  
Milk Varietv

**8** Cereal, Fruit, Fruit Juice,  
Milk \*\*

Pizza, Garden Salad,  
California Blend Veggies,  
Grapes, Cookie, Milk Variety

**12** Breakfast Pizza, or Cereal,  
Fruit, Fruit Juice, Milk\*\*

Hamburger Choice,  
Tomato Cup, Fresh Broccoli,  
Diced Pears, Cookie,  
Milk Varietv

**13** Pancake Wrap, Yogurt,  
Fruit, Fruit Juice, Milk\*\*

Meat & Cheese Chalupas,  
Refried Beans, Salad, Salsa,  
Mixed Fruit, Milk Variety

**14** Honey Bun, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

TX Basket, Roll, Oven Fries,  
Seasoned Corn,  
Applesauce, Milk Variety

**15** PBJ Sandwich,  
Cheese Stick, Fruit, Fruit Juice,  
Milk\*\*

Asian Bowl, Egg Roll, Baby  
Carrots, Green Beans,  
Mandarin Oranges, Milk Variety

**16** Muffin, Yogurt, or Parfait,  
Fruit, Fruit Juice, Milk\*\*

Chick'N Parmesan Sandwich,  
Fresh Veggies,  
Sliced Cucumbers,  
Diced Apples, Milk Variety

**19** Stuffed Bagel, Cheese Stick,  
Fruit, Fruit Juice, Milk\*\*

Breaded Drumstick, Biscuit,  
Garden Salad, Sweet Potato  
Fries, Pineapples, Milk Variety

**20** Sausage Biscuit, Fruit,  
Fruit Juice, Milk\*\*

Frito Pie, Pinto Beans,  
Fresh Veggie Cup, Applesauce,  
Milk Varietv

**21** Waffles, Sausage Fruit,  
Fruit Juice, Milk\*\*

Pizza, Fresh Broccoli,  
Tomato Cup, Mandarin Oranges,  
Cookie. Milk Varietv

**22** Breakfast Sandwich, Fruit,  
Fruit Juice, Milk\*\*

Chicken Strips, Gravy, Roll,  
Green Beans, Seasoned Corn,  
Diced Peaches, Milk Variety

**23** Donut, Bacon, or Parfait,  
Fruit, Fruit Juice, Milk\*\*

Boneless Wings, Chips,  
Celery Sticks, Baby Carrots,  
Snowball Salad. Milk Varietv

**26** Breakfast Pizza, or Cereal,  
Fruit, Fruit Juice, Milk\*\*

Corndog Minis, Tater Tots,  
Baby Carrots, Diced Peaches,  
Milk Variety

**27** French Toast, Sausage,  
Fruit, Fruit Juice, Milk\*\*

Nacho Grande, Salsa,  
Refried Beans,  
Sliced Cucumbers, Grapes,  
Ice Cream. Milk Varietv

**28** Power Breakfast,  
(Biscuit, Gravy, Scrambled Eggs, Baby  
Fruit, Fruit Juice, Milk\*\*

Crispy Chicken Sandwich,  
Chips, Fresh Veggies, Salad,  
Diced Pears, Milk Variety

**29** Sausage Kolache, Yogurt,  
Fruit, Fruit Juice, Milk\*\*

Salisbury Steak, Brown Gravy,  
Roll, Fresh Broccoli,  
Seasoned Corn, Orange Smiles  
Milk Variety

**30** Cinnamon Roll, Sausage,  
Or Parfait, Fruit, Fruit Juice,  
Milk\*\*

Pizza, Tomato Cup,  
Green Beans, Fruity Gelatin,  
Milk Variety

January 5<sup>th</sup> Teacher Workday  
January 6<sup>th</sup>, Back to School