

OCTOBER 2024

[SANDS]

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



Muffin Yogurt, Fruit, Fruit Juice, Milk** 1

Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** 2

Breakfast Burrito, Fruit, Fruit Juice, Milk** 3

SCHOOL HOLIDAY 4

Frito Pie, Pinto Beans, Fresh Veggie Cup, Grapes, Cookie, Milk Variety

French Bread Pizza, Marinara Sauce, Steamed Broccoli, Apple Pineapple Delight, Milk Variety

Boneless Wings, Chips, Celery Sticks, Baby Carrots, Orange Smiles, Milk Variety

Breakfast Strudel, Cheese Stick, Fruit, Fruit Juice, Milk** 7

Waffles, Yogurt, Fruit, Fruit Juice, Milk** 8

Stuffed Bagel Fruit, Fruit Juice, Milk** 9

Pancake Wrap, Cheese Stick, Fruit, Fruit Juice, Milk** 10

Breakfast Bread, Yogurt, Fruit, Fruit Juice, Milk** 11

Burger Choice, Tater Tots, Tiny Tomato Cup, Apple Slices, Milk Variety

Pizza Choice, Baby Carrots, Savory Green Beans, Diced Peaches, Cookie, Milk Variety

Nacho Grande, Salsa, Refried Beans, Sliced Cucumbers, Apricots, Ice Cream, Milk Variety

Asian Bowl, Egg Roll, Fresh Broccoli, Seasoned Corn, Mandarin Oranges, Milk Variety

Crispy Chicken Sandwich, Fresh Veggie Cup, Garden Salad, Mixed Fruit, Milk Variety

SCHOOL HOLIDAY 14

Cereal, Fruit, Fruit Juice, Milk** 15

PB&J, Cheese Stick, Fruit, Fruit Juice, Milk** 16

Sausage Kolache, Cheese Stick Fruit, Fruit Juice, Milk** 17

Breakfast Burrito, Fruit, Fruit Juice, Milk** 18

Meatball Sub, Garden Salad, California Blend Veggies, Applesauce, Milk Variety

Chicken Fajitas, Charro Beans, Baby Carrots, Salsa, Diced Pears, Milk Variety

Country Fried Steak, Mashed Potatoes, Savory Green Beans, Roll, Grapes, Milk Variety

Hot Dog, Tater Tots, Tiny Tomato Cup, Orange Smiles, Cookie, Milk Variety

Breakfast Pizza, Fruit, Fruit Juice, Milk** 21

Pancake Wrap, Yogurt, Fruit, Fruit Juice, Milk** 22

Honey Bun, Cheese Stick, Fruit, Fruit Juice, Milk** 23

Waffles, Cheese Stick, Fruit, Fruit Juice, Milk** 24

Muffins, Yogurt, Fruit, Fruit Juice, Milk** 25

Grilled Cheese Sandwich, Oven Fries, Fresh Veggie Cup, Apple Slices, Milk Variety

Meat & Cheese Chalupas, Refried Beans, Seasoned Corn, Salsa, Diced Pears, Milk Variety

Chicken Nuggets, Mac & Cheese, Sliced Carrots, Steamed Squash, Peaches, Milk Variety

Burger Choice, Tomato Cup, Garden Salad, Grapes, Milk Variety

Bean & Cheese Burrito, Queso, Seasoned Corn, Sliced Cucumbers, Applesauce, Milk Variety

Stuffed Bagel, Fruit, Fruit Juice, Milk** 28

Sausage Biscuit, Fruit, Fruit Juice, Milk** 29

Breakfast Burrito, Fruit, Fruit Juice, Milk** 30

Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** 31

Breaded Drumstick, Cornbread, Garden Salad, Sweet Potato Fries, Mandarin Oranges, Milk Variety

Frito Pie, Charro Beans, Fresh Veggie Cup, Apple Slices, Milk Variety

Steak Fingers, Peppered Gravy, Roll, Savory Green Beans, Seasoned Corn, Diced Pears, Milk Variety

Boneless Wings, Chips, Celery Sticks, Baby Carrots, Fruit Cup, Sherbet, Milk Variety



ADDITIONAL INFORMATION:

October 4, 2024, School Holiday* Football Open date*

October 14, 2024, School Holiday