

### GEAR UP FOR TURKEY TROT

#### MARATHON



#### ANNOUNCEMENTS:

ADDITIONAL FRUIT CHOICES ARE AVAILABLE FOR HIGH SCHOOL AT LUNCH

THANKSGIVING MEAL 11/11/2022

THANKSGIVING HOLIDAY November 21<sup>st</sup>-25<sup>th</sup>, 2022



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1<sup>st</sup> Waffles, Sausage, or Cereal, Fruit, Fruit Juice, Milk\*\*  
Frito Pie, Beans, Fresh Veggie Cup, Diced Peaches, Cookie, Milk Variety

2<sup>nd</sup> Breakfast Burrito, Hash Browns, Fruit, Fruit Juice, Milk\*\*  
Breaded Drumstick, Biscuit, Garden Salad, Tomato Cup, Fruit Cup, Milk Variety

3<sup>rd</sup> Donuts, Sausage, or Parfait, Fruit, Fruit Juice, Milk\*\*  
Cheesy Breadstick, Fresh Broccoli, Marinara Sauce, Apple Sauce, Milk Variety

**SCHOOL HOLIDAY**

7<sup>th</sup> French Toast Sticks, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Hot Dog, Fries, Tomato Cup, Fruit Cup, Milk Variety

8<sup>th</sup> Mini Pancakes, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Deli Sandwich, Fritos, Bean Dip, Sliced Cucumbers, (Cheese Stick-H.S.) Peaches, Milk Variety

9<sup>th</sup> Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk\*\*  
Chicken Salad Sandwich, Chips, Tomato Cup, Fresh Veggie Cup, (Cheese Stick-HS) Grapes, Milk Variety

10<sup>th</sup> Breakfast Burrito, Fruit, Fruit Juice, Milk\*\*  
PBJ Sandwich, Cheese Stick, Sliced Cucumbers, Baby Carrots, Goldfish, Apple Slices, Milk Variety

11<sup>th</sup> Cereal Bar, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Turkey & Dressing, Green Beans, Roasted Potatoes, Roll, Gravy, Cranberry Sauce, Fruit Crisp, Milk Variety

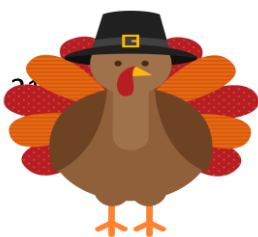
14<sup>th</sup> Muffin, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Burger Choice, Pinto Beans, Seasoned Corn, Mandarin Oranges, Pudding, Milk Variety

15<sup>th</sup> Breakfast Pizza, Fruit, Fruit Juice, Milk\*\*  
Chicken Nuggets, Mac & Cheese, Sliced Carrots, Green Beans, Grapes, Milk Variety

16<sup>th</sup> Waffles, Cheese Stick, Fruit, Fruit Juice, Milk\*\*  
BBQ on Bun, Oven Fries, Fresh Veggie Cup, Mixed Fruit, Milk Variety

17<sup>th</sup> Honey Bun, Cheese Stick, Fruit, Fruit Juice, Milk\*\*  
Philly Cheese Steak, Tater Tots, Sliced Cucumbers, Applesauce, Cookie, Milk Variety

18<sup>th</sup> Pancake Wrap, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Breaded Mozzarella Sticks, Marinara Sauce, Tomato Cup, Garden Salad, Diced Pears, Milk Variety



**HAPPY THANKSGIVING**



28<sup>th</sup> Stuffed Bagel, Fruit, Fruit Juice, Milk\*\*  
Corn Dog, Tater Tots, Tomato Cup, Diced Peaches, Milk Variety

29<sup>th</sup> Waffles, Yogurt, Fruit, Fruit Juice, Milk\*\*  
Crispy Chicken Sandwich, Fresh Veggie Cup, Garden Salad, Apple Slices, Milk Variety

30<sup>th</sup> Breakfast Sandwich, Fruit, Fruit Juice, Milk\*\*  
Asian Bowl, Egg Roll, Fresh Broccoli, Seasoned Corn, Mandarin Oranges, Milk Variety



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
National School Lunch Program



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